



SMSC is a non-denominational,
 non-profit 501 (c) 3 organization.
 We rely on the generosity of the
 community to help support the
 cost of services.
 Federal Tax ID #: 95-1957332



St. Madeleine
 Sophie's Center
 Serving Adults With Developmental Disabilities

Celebrating 45 years of Service

2119 E. Madison Avenue
 El Cajon, CA 92019
 Telephone: 619/442-5129
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www.stmsc.org



Visit us! Come and see why St.
 Madeleine's is a leader in providing
 quality services and programs for adults
 with developmental disabilities!
 Call 619/442-5129 to schedule
 your tour today.



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 Sophie's Center
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*Helping adults with developmental
 disabilities to discover, experience and
 realize their full potential as members
 of the greater community.*

A Way of Life....

A World of Difference

Welcome to St. Madeleine Sophie's Center! Whether you're a parent, a sibling, or other caregiver of an adult with a developmental disability, you can rest assured that St. Madeleine Sophie's Center (SMSC) offers the program that you've been seeking. Nearly 400 men and women with developmental disabilities attend SMSC's programs. They know that this is the place where they can build upon their talents and skills ... make new friends ... and find purpose and meaning in each and every day.

Since 1966, SMSC has nurtured the potential in people with developmental disabilities, such as Down syndrome, autism, epilepsy and cerebral palsy. Because there is no cure for developmental disabilities, people with these cognitive disorders require special supports throughout their lives. At SMSC, we designed a Life Program that specifically meets the changing needs of our adult students as they progress through life -- from recent high school graduate to senior citizen.

We help our students learn and grow, enjoy friendships and social activities, upgrade marketable job skills, earn income, and gain increased independence and self-esteem. At SMSC, quality is never sacrificed, which means that our staff of 100+ highly skilled employees maintain low student-to-instructor ratios and assure that every student is supported in realizing their individual goals.

Programs. SMSC's programs are designed to meet each student's needs based upon their level of disability. Our six main programs are: Activity Center (1:6 ratio); Adult Development Center (1:4 ratio); Senior Program (1:6 ratio); Behavior Modification (1:3 ratio); Work Activity Program (1:5 to 1:8 ratios); and Supported Employment and Individual Placement. Within these six areas, we offer a unique array of specialized programs, including: Adaptive Computer Lab; Therapeutic Organic Garden and Worm Farm; Therapeutic Aquatics; Culinary Arts; Drama; Aerobics/Fitness/Yoga and Dance; Sophie's Gallery art program; Music Therapy; Reading; and Speech Therapy/Sign Language.

Sites. SMSC operates three sites: our 5-acre main campus on the outskirts of the City of El Cajon; Sophie's Gallery & Gift Shop in Downtown El Cajon's revitalization district; and Sophie's Gallery NTC – a satellite gallery located at the NTC Promenade in Point Loma.

Accreditation. SMSC must adhere to strict licensing standards, including an annual review by the Commission on Accreditation and Rehabilitation Services (CARF International). This rating is used by the parents and caregivers of our adult students as a trusted indicator that we have passed an in-depth review of services; meet rigorous guidelines for service and quality; and conform to nationally and internationally-recognized service standards. SMSC consistently receives the highest CARF rating (a 3-year accreditation for each period).

Public Programs. SMSC is a valued community resource. Our Organic Garden & Worm Farm; our two Sophie's Gallery sites; and our Aquatics Center are open to the public. Visit our website (www.stmsc.org) for hours of operation.

